



Volleyball Modified Team Competition

Divisioning

- 1) Prior to the competition, the head coach must submit the scores from the three Individual Skills Competition events, i.e., overhead passing, serving and passing (not the VSAT), for each player on his/her roster.
- 2) The head coach also must identify his/her six best players in terms of their on-court playing ability by placing a star next to their names on the roster.
- 3) A “team score” shall be determined by adding the top eight players’ scores and then dividing that total by eight.
- 4) A classification round of games shall then be conducted as a means of finalizing the divisioning process.
 - a) In the classification round, teams will play one or more games with each game a minimum of five minutes or 10 points, whichever comes first.
 - b) Each team will be required to play all team members.

Competition Adaptations

- 1) The court is modified to 7.62 meters (25 feet) wide by 15.24 meters (50 feet) long.
- 2) The net may not be lower than 2.24 meters (7 feet, 4 1/8 inches). For SOVA state competition the net level will be (7 feet, 4 1/8 inches).
- 3) A lighter weight, leather, modified volleyball must be used. The size of the ball should be no larger than 81 centimeters (32 inches) in circumference and weigh no more than 226 grams (8 ounces). State competition will use the Molten – Red, White, Blue Lite Volleyball. Model #: VBU12-3. You can purchase online at www.volleyballhut.com
- 4) A three-point or five-point serving rule will be used. Once one player has scored three or five points, there will be an automatic side out (rotation), but the serving team will retain the ball. For SOVA state competition we will use a three-point serving rule.
- 5) Antennas will still be placed above the sideline on the net.
- 6.) SOVA will allow the use of tees for athletes to serve. A coach will need to be present to take the tee away once the athlete has served.

Basic Ground Rules - Same as for Team Competition above.